



Snack'd Recipe: CHEETOS® FLAMIN' HOT® Cauliflower Wings

INGREDIENTS

1 head of cauliflower

1/2 cup milk

1/4 cup flour

1/4 cup CHEETOS® Crunchy FLAMIN' HOT® Cheese Flavored Snacks crushed

1/4 cup honey

1 tbsp water



PREP
TIME

10min



COOK
TIME

30min



SERVES

2-3

HOW TO MAKE

DIRECTIONS

Preheat oven to 425°F and line a baking sheet with parchment paper.

Crush the CHEETOS® in a food processor. Remove the stem and leaves from the cauliflower and cut into pieces. In a small bowl combine the milk, flour, and 2 tbsp of crushed CHEETOS®. Whisk together.

Dip the cauliflower in the mixture and then place on a baking sheet. Bake at 425°F for 20 minutes.

In another bowl, stir together the honey, 2 tbsp of crushed CHEETOS®, and 1 tbsp of water. Use a brush to brush this mixture over all the cauliflower wings. Then bake for another 10 minutes.

Serve alongside celery and some LAY'S® Smooth Ranch Dip for dipping and enjoy!

PRODUCT

